

# The Checklist: Knowing your System Before Birthing Parents with SUD Deliver

## What you need to know

### about the Hospital



Length of stay for observation: \_\_\_\_\_

Are other infant consults available (PT/OT/Speech/Lactation)?    Yes    No

If yes, what others? \_\_\_\_\_

Is your hospital using            Finnegan scoring or            Eat, Sleep, Console (ESC)?

If Finnegan scores are used:

Are nurses trained on Finnegan scores?    Yes    No

Is interrater reliability done?                  Yes    No

Are non-pharmacological interventions taught to staff?    Yes    No

If Eat, Sleep, Console (ESC) is being used:                                  Yes    No

Does the hospital have clear guidelines for ESC?                                  Yes    No

Has the nursing staff been trained on the protocols for ESC?                                  Yes    No

Has the nursing staff been trained to teach consoling skills to the families?    Yes    No

Who will be writing orders during the infant's stay? \_\_\_\_\_

CAPTA/CARA notification compliance:

Who makes the notification in your setting? \_\_\_\_\_

Have your/ your staff been trained on the difference between a Child Protective Services (CPS) report and notification?    Yes    No

### about Treatment



Is methadone or buprenorphine available in the hospital for moms who are already receiving treatment?

Yes, methadone            Yes, buprenorphine            No

If neither, how will this be addressed? \_\_\_\_\_

What are the criteria for admission or transfer to the NICU? \_\_\_\_\_

If a transfer is indicated, where will the infant be sent? \_\_\_\_\_

Will birthing parent also be transferred?    Yes    No

If parent is discharged, are they able to stay with baby?    Yes    No    Maybe

If yes, where? \_\_\_\_\_

Is medication used to treat neonatal abstinence syndrome (NAS) or neonatal opioid withdrawal syndrome (NOWS)?

If yes,    Methadone    Morphine    Other: \_\_\_\_\_

Is weaning completed in the hospital?    Yes    No    Maybe

If not, where? \_\_\_\_\_

Is methadone or buprenorphine available in the hospital to be given to birthing parents on prescription Medications for Opioid Use Disorder (MOUD)?

During hospitalization?    Yes, methadone            Yes, buprenorphine            No

At discharge?                  Yes, methadone            Yes, buprenorphine            No



about  
Discharge



Are local pediatric providers available to see the baby postpartum?      Yes      No  
Are they trained on weaning babies who are on medication for NAS or NOWS?      Yes      No

Infants should have a follow-up appointment made prior to discharge and records should be sent at discharge. Who are area pediatric providers the infant could be referred to? \_\_\_\_\_

Are referrals made to      Primary Care and/or      OB/GYN care for mom prior to discharge?

Has a MOUD provider been identified for parent, and appointment made if indicated?  
Yes      No

If the infant is sent home on medication, are there pharmacies that will refill the medication?      Yes      No

Where are they located? \_\_\_\_\_

Is pediatric home health available?      Yes      No

If so, how often and by whom? \_\_\_\_\_

Are pediatric home health nurses trained on Finnegan scores, treatment, and readmission criteria?      Yes      No

Are pediatric home health nurses trained on Eat, Sleep, Console and readmission criteria?      Yes      No

Are local pediatricians and primary care providers trained and available to provide aftercare for substance exposed infants?  
Yes      No

Are follow-up appointments made prior to discharge?      Yes      No

If so, are records sent at discharge for birthing parent and infant?      Yes      No

Are standard referrals made to Care Management for At-Risk Children (CMARC)?      Yes      No

Are standard referrals made to the Children's Developmental Service Agencies?      Yes      No