



## MAHEC Hosts Record-Breaking Professional Development Events

**May 5, 2024** – On any given day, MAHEC hosts a wide range of in-person as well as virtual meetings, Continuing Professional Development conferences, workshops, and other gatherings and learning opportunities. Recently, those have included the following—one of which had record-breaking participation exceeding 1,000:

### ***Centering Healthcare Institute’s Spring Consortium***

More than 60 attendees from across the state convened at MAHEC on April 29 for the [Centering Healthcare Institute’s](#) Spring Consortium. The event highlighted a vision for a healthcare system emphasizing community building, patient empowerment, and holistic health resources for vulnerable populations. Centering Health aims to facilitate thriving for every parent and child by enhancing access to opportunities and overall well-being.

### ***Learning Summit 2024: Strengthening Our Foundation for Success***

An incredible 1,000+ participants registered for a [live webinar event](#) offered by MAHEC, May 1-2, in partnership with Vaya. The variety of courses held over two full days covered diverse topics such as effective communication, tailored care plans, human trafficking awareness, disease management, neurocognitive disorders, emotional challenges of chronic illness, health disparities, maternal health, substance use stigma, alcohol-exposed pregnancies, and suicide prevention.

### ***Women’s Recovery Conference: Finding Balance Amid Constant Change***

More than 200 attended this [38<sup>th</sup> annual event](#), May 1-3 at MAHEC, including frontline providers from across the state (many supported by NC DHHS scholarships), and others from across the US, including Utah. The conference centered on gender-responsive care for women in recovery and their families featured an opening keynote on pregnancy and post-delivery challenges by Kimberly Yonkers, MD, Physician Scientist and Katz Family Chair of Psychiatry at UMass Medical School / UMass Memorial Medical Center.

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