



## MY TIMELINE



### What Can I do in High School?

Take the [ACT](#) and [SAT](#)

Complete College Applications:  
[The Common Application](#)  
[CFNC](#) and  
Individual applications.

Be aware of transcripts and  
transfer credit such as: Early  
College, AP, IB, CLEP or Transfer  
Credit.

Participate  
in extracurricular activities:  
Sports, jobs, clubs, organizations,  
volunteering.

### What Can I do in College?

Medical schools require you to have at least a  
Bachelor's Degree. You can [transfer](#) from a NC  
community college to public NC university and  
still go to medical school.

Picking a major does not effect your acceptance  
into medical school as long as you have the  
general course requirements. Generally: 1 year of  
Biology + labs, 1 year of General Chemistry + labs,  
1 year of Organic Chemistry + labs, 1 year of  
Physics + labs.

Suggested for MCAT prep: Psychology, Sociology,  
Anthropology, Biochemistry.

Other opportunities to distinguish  
your application include: Shadowing, volunteering,  
clinical experiences, research.

### What about Medical School and Residency?

Medical schools require you to take the [MCAT](#)  
exam at least one year before entering medical  
school.

[AMCAS](#) is the application for MD (allopathic).  
[AACOMAS](#) is the application for DO (osteopathic).

Applications open about one year before  
entering medical school. The application  
process includes: primary application,  
secondary application, and in person  
interviews.

Medical school is four years.

[Residency](#) is four years but sub specialties  
may take longer such as [Maternal-Fetal Medicine](#).

## OB/GYN DOCTORS...

Advocate for women in  
the health care system

Are surgically trained

Care for women  
inside and outside  
hospitals

Are needed in Western  
North Carolina

Manage chronic illnesses,  
coordinate with specialists,  
promote healthy lifestyles,  
conduct routine check ups, AND

MORE!



## MORE INFORMATION?

[US Bureau of Labor Statistics](#)  
[MCAT and AMCAS Fee Assistance](#)  
[Medical School Admissions Requirements](#)  
[Medical School Interview Resources](#)  
[My Next Move—Obstetrics and Gynecology](#)  
[What does it mean to be an Ob/Gyn?](#)