The MAHEC Medical Mentoring Program for Youth of Color (M3P•4YOC)

An internship designed for high school seniors who have a serious interest in a career as a healthcare professional.

M3P interns have the opportunity to shadow physicians, physician assistants, nurses, community health workers, and many other allied health professionals in both the inpatient and ambulatory settings. This program provides 135 credit hours for one semester, and has been approved by Asheville City and Buncombe County high schools as an honors-level course.

Participants also receive educational lectures from healthcare administrators and leaders across the country who are committed to diversifying the healthcare workforce through education and advocacy. Their goal is raising awareness about disparities that affect marginalized individuals who encounter health system barriers. This exposure to multiple career paths and education on health challenges allows students to narrow their focus within a particular area of healthcare.

Shadowing opportunities:
- Dentistry
- Pharmacy
- Physical Therapy
- Family Medicine
- Internal Medicine
- Obstetrics and Gynecology
- Psychiatry
- Endocrinology
- Cardiology
  and many more...

Eligibility & Requirements:
- Rising high school senior
- Member of Black, Indigenous, People of Color (BIPOC) or underrepresented Asian communities
- Desire to pursue a career as a healthcare professional
- Minimum weighted grade point average of 3.0
- Attend an Asheville City or Buncombe County public school
- Letter(s) of recommendation (at least one by teacher)
- Active record of work and/or community service
- Access to reliable transportation

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