Insulin adjustment algorithm when administering steroids for fetal lung maturity to insulin dependent diabetic women

Day	Dose Increase	Example 1 *	Example 2 *
0 (pre-steroid dose)	baseline	40 Lantus hs	30 Lantus hs, 10 Novolog AC
1 (day of first steroid injection)	25% (PM dose only)	50 Lantus hs	37 lantus hs, 10 Novolog AC
2	40% (all doses)	56 Lantus hs	42 lantus hs, 14 Novolog AC
3	40% (all doses)	56 Lantus hs	42 lantus hs, 14 Novolog AC
4	20% (all doses)	48 Lantus hs	36 Lantus hs, 12 Novolog AC
5	10-20% (all doses)	44-48 Lantus hs	33-36 Lantus hs, 11-12 Novolog AC
6	0-10% (all doses)	40-44 Lantus hs	30-33 Lantus hs, 10-11 Novolog AC

***Some women, especially those with poor control prior to steroid administration, may require additional sliding scale coverage**

REF: Acta Obstet Gynecol Scand 2002; 81: 835–839. C Acta Obstet Gynecol Scand 81 (2002)