



NEWS RELEASE

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MAHEC Internal Medicine Announces Addition of Comprehensive Endocrinology Services for Patients with Diabetes and other Endocrine Disorders

Providers from the former Mountain Diabetes & Endocrine Center join MAHEC Internal Medicine

Asheville, NC, May 14, 2023—Asheville’s MAHEC Internal Medicine is now home to providers formerly with Mountain Diabetes & Endocrine Center, offering care for patients with a wide range of endocrine disorders, from diabetes, osteoporosis, and polycystic ovary syndrome (PCOS), to diseases of the thyroid, adrenal, and pituitary glands.

Longtime endocrinology specialists Wendy Lane, MD, and Stephen Weinrib, MD, closed their practice earlier this year, joining MAHEC Internal Medicine in recent weeks to continue to offer endocrinology care for the community.

“We are delighted to welcome Drs. Lane and Weinrib to MAHEC, along with their colleague, nurse practitioner Rebecca Lockwood,” said Internal Medicine Medical Director Nancy Kubiak, MD, FACP. “They are well known and loved in our community for not just their expertise, but their care and compassion.”

The addition of endocrinology services strengthens the already comprehensive care available at MAHEC Internal Medicine, said Dr. Kubiak.

“We offer extensive services for short- and long-term (chronic) illnesses, acute issues, and preventive care at our state-of-the-art medical facility. Having high quality and thoughtful primary care as well as extensive endocrinology services, all under one roof, improves access to all patients we care for, from late adolescence through geriatrics.

MAHEC Internal Medicine is located at 123-A Hendersonville Road, behind the DoubleTree Hotel between Biltmore Village and the I-40 interchange. For more information about becoming a patient at MAHEC Internal Medicine, or to learn how to get a referral to the Endocrinology Clinic, call 828-771-3500 or visit mahec.net/internal-medicine/.

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More information on following page

More about MAHEC Internal Medicine

The following are some of the services available at MAHEC Internal Medicine to patients from age 18 and through geriatric care:

- Diagnosis and management of chronic medical problems in the adult patient
- Same or next-day sick visits
- Preventive care including Pap smears, adult immunizations, and arranging cancer screenings
- Onsite laboratory and x-ray capabilities
- Bone density screening
- Retinal screening scans for patients with diabetes
- A variety of minor procedures
- Providers who follow patients in the hospital
- 24/7 on-call coverage
- **NEW Endocrinology Clinic* offering comprehensive evaluation and treatment for:**
 - Diabetes
 - Thyroid, including overactive/underactive thyroid gland; thyroid cancer; thyroid nodules
 - Osteoporosis
 - Overactive/underactive parathyroid glands
 - Diseases of the pituitary gland, including acromegaly (excessive production of growth hormone); Cushing's disease; underactive pituitary or hypopituitarism
 - Diseases of the adrenal gland, including adrenal insufficiency; Addison's disease; congenital adrenal hyperplasia (CAH, a group of genetic disorders that affect the adrenal glands); Cushing's syndrome
 - Hyperprolactinemia (condition in which levels of the hormone prolactin are higher than normal)
 - Polycystic ovary syndrome (PCOS)
 - Male hypogonadism and erectile dysfunction

**Note: A referral is required to receive endocrinology services.*

More about MAHEC

Established nearly five decades ago, MAHEC – Mountain Area Health Education Center – is a leader in healthcare, education, and innovation. Headquartered in Asheville with satellite offices in various locations across its 16-county Western North Carolina service area, MAHEC is the largest of nine Area Health Education Centers in North Carolina. With more than 1,000 employees, MAHEC's mission is to recruit, train and retain the workforce needed to create a healthy North Carolina, with a focus on primary care in rural communities and those with less access to resources.

MAHEC's 14-acre Biltmore campus is also home to UNC Health Sciences at MAHEC, an academic health center in partnership with UNC-Chapel Hill that includes programs from the UNC School of Medicine, UNC Gillings School of Global Public Health, UNC Eshelman School of Pharmacy, and UNC Adams School of Dentistry. A private, 501(c)3 nonprofit organization, MAHEC will celebrate its 50th anniversary in 2024. For more information, visit mahec.net and follow MAHEC on Facebook, Instagram, LinkedIn, and Twitter.

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Clockwise from top left:

- Wendy Lane, MD
- Stephen Weinrib, MD
- Rebecca Lockwood, ARNP, CDE

(Photo credit: MAHEC)