



## MY TIMELINE



### What Can I do in High School?

Take the [ACT](#) and [SAT](#)

Complete College Applications:  
[The Common Application](#)  
[CFNC](#) and  
Individual applications.

Be aware of transcripts and  
transfer credit such as: Early  
College, AP, IB, CLEP or Transfer  
Credit.

Participate  
in extracurricular activities:  
Sports, jobs, clubs, organizations,  
volunteering.

### What Can I do in College?

In North Carolina, to become a Registered  
Dietitian, you must...

Complete an educational program certified by  
ACEND. This can be a Bachelor's or Master's  
Degree. [Western Carolina University](#) has a  
Bachelor's of Science program in this field.

Partake in a Dietetic Internship (DI) in North  
Carolina (unless you completed a Coordinated  
Program that includes internship hours. [UNC](#) has  
a CP program). This qualifies you to sit for the  
exam to become a registered dietitian.

Apply for state license in North Carolina.

### What Other Schools In NC Offer This?

[Appalachian State University](#) Bachelor of Science  
in Dietetics

[North Carolina Central University](#) Bachelor of  
Science in Nutrition and Dietetics

[North Carolina A&T University](#) Bachelor of  
Science in Food and Nutritional Sciences

[University of North Carolina Greensboro](#)  
Bachelor of Science in Nutrition

[East Carolina University](#) Bachelor of Science in  
Nutrition and Dietetics

[Meredith College](#) Master of Science in Nutrition

## REGISTERED DIETITIANS...

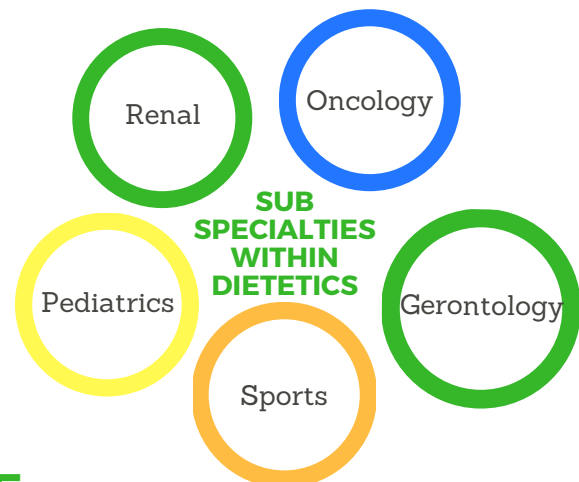
Advocate for patients in  
the health care system

Are experts in food and  
nutrition

Care for patients of  
all genders

Are needed in Western  
North Carolina

Advise people on what to eat in  
order to lead a healthy lifestyle or  
achieve a specific health-related  
goal, AND MORE!



## MORE INFORMATION?

[US Bureau of Labor Statistics](#)  
[How to Become a Registered Dietitian?](#)  
[My Next Move—Nutrition](#)  
[What's a Dietitian?](#)