

The Checklist: Knowing your System Before Mothers with SUD Deliver

What you need to know

about the Hospital



Length of stay for observation: _____

Are other infant consults available (PT/OT/Speech/Lactation)? Yes No

If yes, what others? _____

Is your hospital using Finnegan scoring or Eat, Sleep, Console (ESC)?

If Finnegan scores are used:

Are nurses trained on Finnegan scores? Yes No

Is interrater reliability done? Yes No

Are non-pharmacological interventions taught to staff? Yes No

If Eat, Sleep, Console (ESC) is being used:

Does the hospital have clear guidelines for ESC? Yes No

Has the nursing staff been trained on the protocols for ESC? Yes No

Has the nursing staff been trained to teach consoling skills to the families? Yes No

Who will be writing orders during the infant's stay? _____

CAPTA/CARA notification compliance:

Who makes the notification in your setting? _____

Have you/ your staff been trained on the difference between a Child Protective Services (CPS) report and notification? Yes No

about Treatment



Is methadone or buprenorphine available in the hospital for moms who are already receiving treatment?

Yes, methadone Yes, buprenorphine No

If neither, how will this be addressed? _____

What are the criteria for admission or transfer to the NICU? _____

If a transfer is indicated, where will the infant be sent? _____

Will mom also be transferred? Yes No

If mom is discharged, is she able to stay with baby? Yes No Maybe

If yes, where? _____

Is medication used to treat neonatal abstinence syndrome (NAS) or neonatal opioid withdrawal syndrome (NOWS)? Yes No

If yes, Methadone Morphine Other: _____

Is weaning completed in the hospital? Yes No Maybe

If not, where? _____

Is methadone or buprenorphine available in the hospital to be given to moms on prescription MAT?

During hospitalization? Yes, methadone Yes, buprenorphine No

At discharge? Yes, methadone Yes, buprenorphine No



about
Discharge



Are local pediatric providers available to see the baby postpartum? Yes No
Are they trained on weaning babies who are on medication for NAS or NOWS? Yes No

Infants should have a follow-up appointment made prior to discharge and records should be sent at discharge. Who are area pediatric providers the infant could be referred to? _____

Are follow-up appointments made prior to discharge? Yes No
If so, are records sent at discharge for mom and infant? Yes No

Are standard referrals made to Care Management for At-Risk Children (CMARC)? Yes No
Are standard referrals made to the Children's Developmental Service Agencies? Yes No

If the infant is sent home on medication, are there pharmacies that will refill the medication? Yes No

Where are they located? _____

Is pediatric home health available? Yes No

If so, how often and by whom? _____

Are pediatric home health nurses trained on Finnegan scores, treatment, and readmission criteria? Yes No

Are pediatric home health nurses trained on Eat, Sleep, Console and readmission criteria? Yes No

Are referrals made to Primary Care and/or OB/GYN care for mom prior to discharge?

Has a Medication Assisted Treatment (MAT) provider been identified for mom, and appointment made if indicated?

Yes No