

CURRICULUM VITAE

July 28, 23

Jessica Knapp DO, CAQSM
Assistant Fellowship Sports Medicine Director
MAHEC Family Medicine Residency

EDUCATION

Undergraduate

Bachelors of Science in Biology Pennsylvania State University – Behrend College 2000-2005
Bachelors of Science in Psychology Pennsylvania State University – Behrend College 2000-2005

Medical School

Doctor of Osteopathy Lake Erie College of Osteopathic Medicine 2006-2010

POSTDOCTORAL TRAINING

Internship/Residency:

Family Medicine New Hanover Regional Medical Center 2010-2013
University of North Carolina School of Medicine –
Chapel Hill in Wilmington, NC

Fellowship:

Primary Care Sports Medicine University of Connecticut School of Medicine 2013-2014
Research Fellowship North American primary Care Research Group 2018-2019

PROFESSIONAL EXPERIENCE – EMPLOYMENT HISTORY

Assistant Sports Medicine Fellowship Director
Director of Resident Research 10/2017 – present
MAHEC Family Medicine Residency
Department of Family Medicine
University of North Carolina Chapel Hill School of Medicine

Director of Sports Medicine 10/2014 – 10/2017
Tufts Family Medicine Residency at Cambridge Health Alliance
Core Faculty
Assistant Professor Tufts University
Department of Family Medicine
Tufts University School of Medicine

HONORS AND AWARDS

Professional: Academic

2020 Outstanding Faculty Teaching Award: MAHEC Family Medicine
Residency

2016 The Sara B. Karp MD Award: Outstanding Faculty Teaching: Tufts Family
Medicine Residency

2013 Outstanding Family Medicine Resident:
Scholarship, Leadership, Service and Compassion

2013 Outstanding Research in Family Medicine Resident:
Academic Research and Evidence Based Medicine

2012 Nominated, National American Osteopathic Resident of the Year

Scholarships

Osteopathic Postdoctoral Training Institution Scholarship in Research Award (2011 and 2013)
 Continuing Medical Education by the Sea Bald Head Island NC scholarship – First place Resident Research Award (2012)
 North Carolina Academy of Family Medicine Scholarship – Intern of Excellence Award (2010)

Professional: High School Coaching

2008	All-State 4x800 relay team
2007, 2008, 2009	State Track and Field qualifier 4x800 teams
2005, 2006, 2007, 2008, 2009	All Cross Country Region 10 runners
2005, 2006, 2007, 2008, 2009	State Cross Country one team and 12 individual qualifiers

Personal

2014	Pennsylvania State University Behrend College Athletics Hall of Fame
2005, 2006	USA Track and Field Club Team Runner
2005	Graduated with 8 Pennsylvania State University Behrend College Records
2002, 2003, 2004, 2005	Student Athlete Association Cross Country Representative – elected
2004, 2005	Pennsylvania State University Behrend College Female Athlete of the Year
2004	Pennsylvania State University Behrend College Female Scholar Athlete of the Year
2003, 2004	Academic All-American
2003, 2004	All Eastern College Athletic Conference track team 5K (placed 11 and 4)
2003, 2004	All Eastern College Athletic Conference cross country team (placed 15, 7)
2003, 2004	Cross Country Team Captain - elected
2001, 2003, 2004	Allegheny Mountain Collegiate Conference Cross Country Female Athlete of the Year
2001, 2003, 2004	Allegheny Mountain Collegiate Conference Cross Country Individual Champion
2001, 2003, 2004	Allegheny Mountain Collegiate Conference Cross Country Team Champions

BIBLIOGRAPHY and PRODUCTS OF SCHOLARSHIP:

BIBLIOGRAPHY

Invited Book Chapters

1. **Knapp J.** & Trojjan T. Concussion Updates. Urgent Care Secrets. Elsevier 2022, 4 pages.
2. **Knapp J.** Exercise Addiction chapter. Rao A, Hong E. Female Athlete and Mental Health Issues. Elsevier 2020, 4 pages.
3. Aerni G & **Knapp J.** The Female Athlete chapter. Madden C, Putukian M, McCarty E, Young C. Netter's Sports Medicine 2nd Edition. Elsevier 2017.

Refereed Papers/Articles

Other Peer Reviewed Articles

1. **Knapp J.** *Eating Disorders in Female and Male Athletes: Update for Screening.* Curr Sport Med Rep. Requested submission pending publication
2. **Knapp J,** Aerni G, Coletto M, Anderson J. *Eating Disorders in Female Athletes: Use of Screening Tools.* Curr Sport Med Rep. 2014;13(4):214-218.

Published Abstracts

1. CJSM add abstracts
2. **Knapp J,** Anyoha A, Bennett A, Wong C, Dec K, Corcoran B, Aerni G, Trojjan, T. *The Female Athlete and the Dynamic Relationship between Drive for Leanness, Drive for Muscularity, Drive for Thinness, and Disordered Eating at the High School, DI, DII, and DIII Sporting Levels.* Clin J Sport Med. 2018;28(2):228.
3. Felton C, **Knapp J,** Allen A. *Injury Rates Paddleboarding.* Clin J Sport Med. 2017;25(2):208.
4. Moore N, **Knapp J,** Kuo CL, Aerni G. *Correlation of Sonographic Changes with Patellar Tendon Pain in Division I Jumping Athletes.* Clin J Sport Med. 2015;25(2):208.
5. **Knapp J,** Trojjan TH. *Back Pain in a Modern Dancer.* Med Sci Sports and Exerc. 2014;46(5S):313.

6. Aerni G, **Knapp J**, Coletto M, Anderson J, Trojjan TH. *The effect of a peer-led intervention, the female athlete body project (FABP), on collegiate division I female student-athletes, as evaluated by the female athlete screening tool (FAST)*. Clin J Sport Med. 2014;24(2):168.
7. Aerni G, **Knapp J**, Coletto M, Anderson J, Trojjan TH. *The female athlete screening tool (FAST) to assess eating disordered pathology in female student-athletes*. Clin J Sport Med. 2014;24(2):174.
8. **Knapp J**, Allen A. *Pilot Study: Injury Risk With Stand Up Paddleboarding*. Clin J Sport Med. 2013;23(2):145.

In Press/Submitted Refereed Papers/Articles

1. **Knapp J**, Dennison R. *The Positive Effects of Sports on the Adolescent Female Athlete: Promoting Sports for Healthy and Strong Females*. Current Pediatrics Review.
2. **Knapp J**. Burnout in Sports Medicine Physicians. CJSM.
3. **Knapp J**. Performance Enhancement: Body Image vs. Exercise Addiction. CJSM.
4. Woodward R, Kauffman S, McGraw S, Stichel F, Denslow S, **Knapp J**. Resident-Driven Pediatric Healthy Living Program Development and Pilot: an education in program development.
5. Lian S, Wegener A, **Knapp J**. The Impact of Socioeconomic Factors on Treatment Following Sports Medicine Injuries. CJSM
6. Paterno AV, Bryan A, Chadwick BS, Jackson SP, Marks DE, **Knapp J**. Examining Differences Between Groups by Race, Sex, and Insurance Status in Treatment of Rotator Cuff Pathology. CJIM

Other Papers/Presentations presenting primary data

1. Buchanan R, **Knapp J**. Relationship Between Body Image Drives, Disordered Eating and Race in High School Athletes. Poster Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, Phoenix, Arizona. April 2023
2. Gray K, **Knapp J**. Effect of Socioeconomic Factors on Exercise Prescription Following Injury. Rising with Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, Austin, Texas. April 2022
3. Gold B, Beck M, McNeill D, Dyer T, **Knapp J**. Differences in Treatment for Patients with Psoas Injuries. Poster Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, Virtual Conference. April 2021 Poster Research Oral Presentation
4. Sain J, Strong R, Olawumi D, **Knapp J**. Poverty Burden and Bone Healing in Western North Carolina: A Socio-geographical Study. Poster Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, Virtual Conference. April 2021 Poster Research Oral Presentation
5. Wegener A, Lian S, **Knapp J**. The Impact of Socioeconomic Factors on Treatment Following Sports Medicine Injuries. Poster Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, Virtual Conference. April 2021 Poster Research Oral Presentation
6. Feaster B, Napper J, Turcios H, **Knapp J**. Evaluation of Multifactorial Management of Stress Fractures. Poster Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, Virtual Conference. April 2021 Poster Research Oral Presentation
7. **Knapp J**, Anyoha A, Bennett A, Wong C, Dec K, Corcoran B, Aerni G, Trojjan, T. *The Female Athlete and the Dynamic Relationship between Drive for Leanness, Drive for Muscularity, Drive for Thinness, and Disordered Eating at the High School, DI, DII, and DIII Sporting Levels*. Poster Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, Buena Vista, Florida. April 2018
8. **Knapp J**, Aerni G, Coletto M, Anderson J, Trojjan TH. *An Assessment of Eating Disordered Pathology Demographics Across Different Sports and Academic Levels in Division I Female Athletes Using the Female Athlete Screening Tool (FAST)*. Poster and Rising with Research Oral Presentation at American Medical Society of Sports Medicine Annual Convention, New Orleans, Louisiana. April 2014
9. **Knapp J**, Beste J. *Comparison of Family Medicine to Endocrinology on DMII Care*. Poster Presented at Society of Teachers of Family Medicine, New Orleans, Louisiana. April 2011

Case Reports

1. Alfonso K, Judkins K, Knapp J Rapid Onset Plantar Surface Mass in a Runner. Poster Presentation American Medical Society of Sports Medicine Annual Convention, Austin, Texas. April 2022
2. Cutshall N, Abraham S, **Knapp J** Undifferentiated Limb Pain During a Global Pandemic. Poster Presentation at American Medical Society of Sports Medicine Annual Convention, Virtual. April 2021
3. Atkinson, Walker K, **Knapp J** Severe Back Pain in a Body Builder. Poster Presentation at American Medical Society of Sports Medicine Annual Convention, Virtual. April 2020
4. Obionwu, **Knapp J** Ultrasound Guided Tendon Scraping for Patellar Tendinopathy. Poster Presentation at American Medical Society of Sports Medicine Annual Convention, Lake Buena Vista, Florida. May 2018

5. Wu D, **Knapp J** Po Ultrasound Guided Tendon Scraping for Patellar Tendinopathy. Poster Presentation at American Medical Society of Sports Medicine Annual Convention, San Diego, California. May 2017
6. Dennison B, **Knapp J**. Ultrasound Guided Tendon Scraping for Patellar Tendinopathy. Poster Presentation at American Medical Society of Sports Medicine Annual Convention, San Diego, California. May 2017
7. Dennison B, **Knapp J**. *Long Distance Biker with Swelling*. Poster Presentation at American Medical Society of Sports Medicine Annual Convention, Dallas, Texas. April 2016
8. **Knapp J**, Hwu S. *Stress Fracture in a Non-Athlete?* Poster Presentation at American Medical Society of Sports Medicine Annual Convention, Dallas, Texas. April 2016
9. **Knapp J**, Trojian TH. *Division I Female Tennis Athlete with Heel Pain*. Poster Presentation at American Medical Society of Sports Medicine Annual Convention, New Orleans, Louisiana. April 2014
10. **Knapp J**, Aerni G, Hall M. *Case Presentation: Hip Injury in a Parkour Athlete*. Oral Presentation at New England American College of Sports Medicine Regional meeting, Providence. Rhode Island. November 2013

INVITED MODERATING SESSION

National

1. **Knapp J** and Myers R. Moderators Main Stage Professional Development Session. American Medical Society of Sports Medicine National Meeting, Phoenix, AZ April 2023
2. Denq W, **Knapp J**. Moderators Simulation Session: SIM Olympics Wilderness Medicine Session. American Medical Society of Sports Medicine National Meeting, Austin, Texas April 2022
3. Denq W, **Knapp J**. Moderators Main Stage Wilderness Medicine Session. American Medical Society of Sports Medicine National Meeting, Austin, Texas April 2022
4. **Knapp J** and Dec K. Moderators Main Stage Faculty Development and Women in Leadership Lead (WiLL) Session. American Medical Society of Sports Medicine National Meeting, Austin, Texas April 2022
5. **Knapp J**. Moderator Research Poster Session. American Medical Society of Sports Medicine National Meeting, Austin, Texas April 2022

Regional

1. **Knapp J**. Fellow Case Presentations Moderator, New England American College of Sports Medicine. November 2015

INVITED LECTURES

National

1. **Knapp J**. How to Speak so Others Can Hear You! Becoming an Agent of Change. Main Stage Session, American Medical Society of Sports Medicine National Meeting, Phoenix, Arizona April 2023
2. Litner L, **Knapp J**. It's You It's Not Me: Fresh Take on Burnout. Faculty Development Instructional Course Lecture, American Medical Society of Sports Medicine National Meeting, Austin, Texas April 2022
3. Judkins K, Khodae M, Kliethermes S, Toresdahl B, **Knapp J**. Building a Research Program within Sports Medicine. Faculty Development Instructional Course Lecture, American Medical Society of Sports Medicine National Meeting, Virtual Conference April 2021
4. **Knapp J** & Woodward, R. Addressing Obesity through Patient Centered Group Visits. Round Table Presentation, Society of Teachers of Family Medicine. Virtual Conference. April 2020
5. **Knapp J**, Rodriguez O, Logan K, Rozman A, Shalika, H. Off the Field and into the Community: Pushing the Boundaries of Sports Medicine. Faculty Development Instructional Course Lecture, American Medical Society of Sports Medicine National Meeting. Buena Vista, Florida. April 2018
6. **Knapp J**, Oliveira L. Battling Burnout and Building Resilience. Faculty Development Instructional Course Lecture, American Medical Society of Sports Medicine National Meeting. Buena Vista, Florida. April 2018

Regional

1. **Knapp J**. Leadership Styles – How to Guide your Team. Virginia Tech Regional Fellowship Conclave. July, 2023
2. **Knapp J**. Low Energy Availability on the Field. Blue Ridge Bone and Joint Regional Conference. May, 2023
3. **Knapp J**. Building a Collaborative Research Network. Virginia Tech Regional Fellowship Conclave. July, 2022

4. **Knapp J.** Screening Is Not Just For Primary Care: Disordered Eating and Mental Health in the Athlete. Blue Ridge Bone and Joint Regional Conference. April, 2022
5. **Knapp J.** Concussion for School Nurses Echo Project. May 2020, December 2020, May 2021, April 2022
6. **Knapp J.** Covid Journal Club for Regional Sports Fellows. July, 2020
7. **Knapp J.** Relative Energy Deficiency in Sport vs. Female Athlete Triad, May 2019
8. **Knapp J.** Musculoskeletal Ultrasound Basics for Point of Care. Point of Care Ultrasound for Primary Care Providers. June 2018, September 2019
9. **Knapp J.** Osteopathic Techniques for the Patient with Chronic Back Pain. Interventional Pain Management. June 2018
10. **Knapp J.** Nutrition and Body Image in the Athlete, Big South Conference for Athletic Trainers. May 2018
11. **Knapp J.** Dennison R. Opioid Use for Acute Musculoskeletal Conditions, Massachusetts Academy of Family Physicians. February 2016
12. **Knapp J.** Hwu S. Improving Screening for Female Athlete Triad, Family Medicine Education Consortium. October 2015
13. **Knapp J.** Ackerman K. Balancing the Drive for Thinness and Performance in the Female Athlete. Oral Presentation at New England American College of Sports Medicine Regional meeting. Providence, Rhode Island. November 2014
14. **Knapp J.** *Pilot Study: Injury Rates in Paddle Boarding.* Oral Presentation at Continuing Medical Education by the Sea, Bald Head Island North Carolina. October 2013

Local

1. **Knapp J.** Body Image, Disordered Eating, and Female Athletes. Department of Family Medicine Grand Rounds, MAHEC, February 2018
2. **Knapp J.** Rittner, S, Norton, Christina. Building High Functioning Teams: Bottom up Leadership. Presentation to Visiting Medical Contingency from China, Cambridge Health Alliance, April 2016
3. **Knapp J.** Rittner, S. Building High Functioning Teams: Review of the Evidence and Planning First Steps. Department of Family Medicine Grand Rounds, Cambridge Health Alliance, October 2016
4. **Knapp J.** Shoulder Examination Workshop, Crimson Care Collaborative, Harvard University MS2, June 2015
5. **Knapp J.** Knee Examination Workshop, Crimson Care Collaborative, Harvard University MS2, April 2015
6. **Knapp J.** Body Image, Disordered Eating, and Female Athletes. Department of Family Medicine Grand Rounds, Cambridge Health Alliance, February 2015
7. **Knapp J.** Common Pediatric Sports Medicine Injuries. Department of Pediatrics Grand Rounds, New Hanover Regional Medical Center, January 2011
8. **Knapp J.** Kawasaki Disease: Review of the Evidence. Department of Pediatrics Grand Rounds, New Hanover Regional Medical Center, September 2010

TRAINING OF GRADUATE STUDENTS/POST DOCTORAL

Faculty Mentor, University of Connecticut Primary Care Sports Medicine Fellowship 2014

TEACHING RESPONSIBILITY

Community Service

Minority Mentoring Program Sports Medicine Workshop – Asheville, NC, March 2021 to present

Sports Skills Workshop for Girls with Healthy cooking workshop – Malden MA, August 2017

Sports Skills Workshop for Girls – Malden MA, March 2016

Nutrition for Athletes (Malden, MA to Malden High School Student Athletes at seasonal mandatory meeting), March April 2015

Attending Physician Volunteer International Rotation – Melot Haiti, week of service January 2015

Physician Volunteer St. Mary's Clinic – Wilmington NC, once a month clinic after hours January 2012 to March 2013

Effects of Alcohol and Binge Drinking in Adolescents and the Developing Brain (Wilmington, NC to High School Students with underage drinking offenses), November 2012 - two lectures

Effects of Alcohol and Binge Drinking in Adolescents and the Developing Brain (Wilmington, NC Town Hall Meeting), May 2012

Director of Alex Johnson Memorial race – Raised \$1,000 in memory cross country athlete, sudden cardiac death January 2010 to June 2010

Medical Mission Trip to India – Assisted with medical care of rural and underserved populations June 2007

Lectures - Students

Musculoskeletal Medicine Basics (University of North Carolina Asheville Campus MS3) October 2018 to present

Practice of Medicine Course Instructor (Harvard University MS1-2), September 2015 to 2017

Musculoskeletal Exam Skills Workshop for CAP Students – refresher for second years (Tufts University MS2), three lectures August 2015 to 2017

Musculoskeletal Exam Skills Workshop for Family Medicine Clerkship Didactics (Tufts University MS3), 3 lectures every 6 weeks November 2014 to 2017

Casting workshop for Family Medicine Interest Group (Harvard University MSI, II, III, IV), November 2014 to 2017

Musculoskeletal Exam Skills Workshop for Family Medicine Clerkship Didactics (University of Connecticut MS3), 1 lecture every other month July 2013 to September 2014

Musculoskeletal Hip Examination (University of Connecticut MS2), September 2013 – 6 lectures, September 2014 – 6 lectures

Casting workshop for Family Medicine Interest Group (University of Connecticut MSI, II, III, IV), January 2014

Teaching Assistant Anatomy Lab Musculoskeletal System (University of Connecticut MS1 and Dental Students), October 2013

Examination of the Heart, Lung and Ear Workshop (University of Connecticut Athletic Training Students), October 2013

Shoulder Examination Lecture (University of Connecticut MS3), July 2013

Becoming a Physician (University of North Carolina at Wilmington students), March 2013

Nutrition and Health (University of North Carolina Wilmington Middle School Camp Students), July 2012

Perineal Repair Workshop (North Carolina Medical Students Family Medicine Interest Day at Duke University), May 2012

Lectures – Residents

Musculoskeletal Curriculum for MAHEC Family Medicine Residents – 6 first, second year, and third year 2018 to present

Remote Learning Elective: Going the Distance: Research, Health Equity, and Sports Medicine – Month Course MS3 and MS4 March 2020

All Musculoskeletal Curriculum for Tufts Family Medicine Residents – 2 first year, 4 second year, and 5 third year, 3 for all residents each year, 2014 to 2017

Tropical Medicine two lecture series for Tufts Family Medicine Residents – all residents one per year, 2016 to present

Shoulder impingement syndrome and frozen shoulder (University of Connecticut Family Medicine), June 2014

Shoulder anatomy (University of Connecticut Family Medicine), May 2014

Basics of MSK ultrasound and injections workshop (University of Connecticut Orthopedic Residents), January 2014

Carpal tunnel syndrome and deQuervain tenosynovitis (University of Connecticut Family Medicine), November 2013

Patello-femoral Pain Syndrome (University of Connecticut Family Medicine), August 2013

Common Sports Medicine Injuries (Coastal Family Medicine), February 2012, January 2013

Fibromyalgia and Back Pain (Coastal Family Medicine), February 2012

Endocrine Emergencies (Coastal Family Medicine), March 2012

Weakness in the Elderly (Coastal Family Medicine), May 2011

Transfusion Basics (Coastal Family Medicine), April 2011

Lectures – Fellows/Faculty

Sports Medicine Curriculum for MAHEC Sports Medicine Fellows, 2018 to present

Stress Injuries (University of Connecticut Primary Care sports Medicine Fellowship Program), October 2014

Exercise is Medicine (University of Connecticut Primary Care sports Medicine Fellowship Program), September 2014

Female Athlete Triad (University of Connecticut Primary Care sports Medicine Fellowship Program), September 2014

Weekly Journal Club (four presentations with weekly attendance) (University of Connecticut Orthopedic Sports Medicine Fellowship), June 2013-June 2014

Weekly Journal Club Presentations (University of Connecticut Primary Care Sports Medicine Fellowship and UConn Athletic Trainers), June 2013-May 2014

The Female Athlete Screening Tool (FAST) to assess Eating Disordered Pathology In Female Student-Athletes (University of Connecticut Orthopedic and Primary Care Sports Medicine Fellowships), June 2014

Drive for Muscularity in Female Athletes: Review of the Literature (University of Massachusetts and University of Connecticut Fellowship Programs), May 2014

The Female Athlete Screening Tool (FAST) to assess Eating Disordered Pathology In Female Student-Athletes (University of Massachusetts and University of Connecticut Fellowship Programs), January 2014

Marathon Preparation (University of Massachusetts and University of Connecticut Fellowship Programs), October 2013

Clinical Teaching-Students

Faculty Instructor, undergrad students, University North Carolina Asheville (2020-present)

Faculty Instructor, second and third year medical students, University North Carolina Chapel Hill (2018-present)

Faculty Instructor, first year medical students during Practice of Medicine Course, Harvard University (2015-2017)

Faculty Preceptor, all years medical students during Primary Care Elective Rotation, Harvard University (2015-2017)

Faculty Preceptor, all years medical students during Family Medicine Rotation, Tufts University (2014-2017)

Resident Preceptor, 4th year medical students during their Orthopedics Clerkship, University of Connecticut (2013-2014)

Resident Preceptor, 3rd year medical students during their Family Medicine clerkship, University of North Carolina at Chapel Hill (2010-2013)

Resident Preceptor, 4th year medical students during their Family Medicine Acting Internships, various allopathic and osteopathic medical schools (2011 - 2013)

Clinical Teaching-Residents

Faculty Preceptor, family medicine residents during Primary Care Sports Medicine Clinic, MAHEC (2018 to present)

Faculty Preceptor, family medicine residents during Family Medicine Clinic, MAHEC (2018 to present)

Faculty Preceptor, family medicine residents during Primary Care Sports Medicine Clinic, Tufts University at Cambridge Health Alliance (2015 to 2017)

Faculty Preceptor, family medicine residents during Family Medicine Clinic, Tufts University at Cambridge Health Alliance (2015 to 2017)

Fellowship Preceptor, 2nd and 3rd year family medicine residents during their Sports Medicine Rotation, University of Connecticut (2013-2014)

Curriculum Development

Director, Research Curriculum for Family Medicine Residents MAHEC, (2020-present)

Director Sports Medicine, Research, Health Equity Course University of North Carolina Chapel Hill (2020-present)

Director, Orthopedic and Sports Medicine Curriculum for Family Medicine Residents MAHEC, (2018-present)

Director, Orthopedic and Sports Medicine Curriculum for Sports Medicine Fellows MAHEC, (2018-present)

Director, Orthopedic and Sports Medicine Curriculum for Family Medicine Residents Tufts University, (2014-2017)

Director, Area of Concentration Sports Medicine Curriculum Implementation for Family Medicine Residents Tufts University, (2014-2017)

Director, Basic Skills Qualifications Curriculum and Implementation for Family Medicine Residents Tufts University, (2015-2017)

Milestone Mapping Sports Medicine Fellowship University of Connecticut, (2014)

Development Sports Medicine Curriculum for Family Medicine Residents University of Connecticut, (2014)

Development of Osteopathic Curriculum for Family Medicine Residents, (2011-2013)

Clinical Teaching-Fellows

Faculty Preceptor, sports medicine fellows during Primary Care sports Medicine clinic, MAHEC (2018 to present)

RESEARCH SUPPORT GRANT FUNDING

Intramural

Grant Title: Introducing at Risk Female Youth to Sports Skills and Healthy Eating
 Funding Agency: Cambridge Health Alliance – Clinical Learning Environment Innovations Award
 Amount: 5,000 dollars
 Period: 10/1/2017- 10/26/2017
 Role: Faculty Supervisor

Grant Title: Pediatric Wellness Group Healthy Habits
 Funding Agency: Cambridge Health Alliance – Patient Care Fund
 Amount: 200 dollars
 Period: 6/1/2017- 7/26/2017
 Role: Project Supervisor

Grant Title: Tufts Medical School Student Externship
 Funding Agency: Tufts University Medical School
 Amount: 1,000 dollars
 Period: 6/1/2016- 7/26/2016
 Role: Research Supervisor

Grant Title: Tufts Medical School Student Externship
 Funding Agency: Tufts University Medical School
 Amount: 1,000 dollars
 Period: 6/1/2015- 7/26/2015
 Role: Research Supervisor

Extramural

Grant Title: PCTE: Primary Care Training Education: Teaching Eating disorders to Providers subaward
 Funding Agency: HRSA
 Amount: 50,000 dollars
 Period: 6/30/2023- 6/30/2025
 Role: Project Lead

Grant Title: Foundation Grant for: Screening for Disordered Eating Tools: Evaluating their sensitivity and specificity
 Funding Agency: American Medical Society for Sports Medicine
 Amount: 25,000 dollars
 Period: 5/1/2023- 5/30/2024
 Role: Principle Investigator

Grant Title: Humanitarian Grant for: Introducing at Risk Female Youth to Sports Skills and Healthy Eating
 Funding Agency: American Medical Society of Sports Medicine
 Amount: 2,000
 Period: 5/5/2017-12/30/2017
 Role: Project Lead

Grant Title: Young Investigator Grant for: The Female Athlete and the dynamic relationship of Body image drives, Disordered Eating, Self-esteem, and Risky Sexual Behaviors
 Funding Agency: American Medical Society for Sports Medicine
 Amount: 4,930 dollars
 Period: 1/2/2017- 12/30/2017

Role: Principle Investigator

PROFESSIONAL SERVICE

Editorial Boards

Journal Reviewer American Family Physician (2017-present)

Journal Reviewer Sports Health (2020-present)

Editorial Invited Peer Reviewer

Sports Health (2020-present)

Office and Committee Assignments in Professional Societies

National	
2020 to present	American Medical Society of Sports Medicine Organizer Research Abstract Review Small Group
2020 to present	American Medical Society of Sports Medicine National Conference Program Planning Committee
2018 to present	Subcommittee Chair Faculty Development American Medical Society of Sports Medicine
2018 to present	Fellowship Committee American Medical Society of Sports Medicine
2017 to present	Research Committee American Medical Society of Sports Medicine
2015	American Medical Society of Sports Medicine Fellowship Committee Review 100 most important articles sports medicine
Regional	
2015	Family Medicine Education Consortium Tufts Residency Representative, Host Committee
Local	
<u>Department of Family Medicine, MAHEC Family Medicine Residency Asheville, NC</u>	
2020 - present	Change Team Lead Physician
<u>Department of Family Medicine, Tufts Family Medicine Residency at Cambridge Health Alliance Malden, MA</u>	
2016 - 2017	Practice Improvement Team Lead Physician
2016 - 2017	Faculty Member Recruiting Committee
2016 - 2017	Faculty Member Research Visibility Committee
2016 - 2017	Faculty Member Clinical Competency Committee
<u>Department of Sports Medicine, University of Connecticut Storrs, CT</u>	
2014	Fellow Representative Program Review Committee
<u>Department of Family Medicine, New Hanover Hospital Wilmington, NC</u>	
2011-2012	Resident Forum Representative Family Medicine – elected
2011-2012	Scheduling Committee
2010-2012	Resident Representative Pharmacy and Therapeutics Committee
2010	Resident Recruitment Committee

Sport Coverage

National Team Coverage

2013 Soccer Gold Cup Sports Medicine - USA, Cuba, Costa Rica, and Belize
– two day sideline coverage, under Tom Trojian MD

Professional Coverage

2014, 2015 Head Team Doctor, Canadian Women’s Hockey League, Boston Blades
- sideline coverage, training room coverage

2013, 2014 Women’s National Basketball Association Connecticut Suns
- sideline coverage, under Tony Alessi and Giselle Aerni

Mass Event Coverage

2019, 2021, 2023, 2023 Medical Director Lake Logan Triathlon

2018, 2022, 2023 Hellbender 100 mile trail race

2015 Trail Animals Running Club 50 mile race

2014, 2015 Boston Marathon

2013, 2015, 2017 Lake Placid Ironman

2014 Kenneth Joyce for Life Charity Flag Football Tournament

- Sports medicine tent coverage, one day, under Jeff Anderson MD, Michael Joyce MD, and Giselle Aerni MD

2012, 2013 Carolina Cup Paddle Boarding Race

– Sports medicine coverage water and finish line, one day, under Anne Allen MD

2010/2011/2012 Ironman Bridge to the Battleship

– Sports medicine coverage water stop, one day, under Anne Allen MD

Collegiate Coverage

2013-2014 UConn women’s soccer/men’s soccer/women’s field hockey/women’s ice hockey/men’s ice hockey/football/women’s basketball/men’s basketball/women’s lacrosse/men’s track/cross country/women’s track/cross country – season event coverage, training room coverage, pre-participation physicals, and injury clinic, under Tom Trojian MD, Jeff Anderson MD, and Giselle Aerni MD

2013 American Athletic Conference Championship Cross Country Race – Host Team Physician – Organize sports medicine event coverage, under Jeff Anderson MD

2012 Virginia Tech men’s soccer/ women’s soccer/football – event coverage, training room coverage, and injury clinic, during two week rotation, under Per Gunnar Brolinson DO, Mark Rogers DO, Amy Doolan DO, Greg Beato DO

2012 University of Colorado woman’s soccer/woman’s volleyball – event coverage, training room coverage, and injury clinic, during two week rotation, under Surav Poddar MD and Stephanie Chu DO

2012 University of North Carolina at Wilmington women’s soccer – home event coverage, under Anne Allen MD

2011, 2012 University of North Carolina at Wilmington men’s soccer – home event coverage, under Bill Sutton MD

2011, 2012 University of North Carolina at Wilmington College Athletic Physicals - one day mass physicals, under Anne Allen MD

2011, 2012 University of North Carolina at Wilmington College men’s baseball – home event coverage, under Bill Sutton MD

2011, 2012 University of North Carolina at Wilmington Collegiate Cross Country Meet - sideline coverage one day event, under Bill Sutton MD

2008 Edinboro University – training room injury clinic, under Patrick Leary DO

2008 Edinboro University Football – home event coverage, under Patrick Leary DO

High School Coverage

2021 to present Head Team Physician - Asheville High School – home varsity football event coverage, weekly sports medicine clinic, mass physicals

2017 Catholic High School Mass Sports Physicals Senior Medical Director – Boston MA

2014-2018 Head Team Physician - Malden High School – home varsity football event coverage, weekly sports medicine clinic, mass physicals

2013 Connecticut High School Football State Finals and Semifinals Team Physician – All divisions and events, under Tom Trojian MD

2013 High School Sports Medicine and Science Academy Team Physician - Fall home varsity football event coverage, all athlete injury clinic weekly, under Giselle Aerni MD

2013 High School Football Hartford Public Team Physician - Fall home varsity football event coverage, all athlete injury clinic weekly under Giselle Aerni MD

2011, 2012, 2013 High school Sports physicals at health department – Wilmington NC – one evening mass physicals, under Bill Sutton MD and Anne Allen MD

2012 High School Cape Fear Academy Wilmington NC boys lacrosse – home event coverage, under Bill Sutton MD

2011, 2012 University of North Carolina at Wilmington High School Cross Country Meet - sideline coverage one day event, under Bill Sutton MD

Community Coverage

2016, 2017 Malden Halloween 5K Malden, MA

2016, 2017 Soccer Nights – Summer Camp Malden, MA 2016

2015, 2016 Head Team Physician - Somerville Rampage Semi-Pro Football team Somerville, MA

2012 Rugby club team Wilmington NC – home event coverage, under Bill Sutton MD

2012 Roller Derby Wilmington NC – home event coverage

2008 Erie Boxing Club 18 and under tournament – event coverage, under Patrick Leary DO