

**Brian A. Atkinson**  
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## EDUCATION AND WORK EXPERIENCE

<b>Duke University</b> , Durham, NC B.S., Biology with Minor in Chemistry	2010-2014
<b>University of South Florida Health Morsani College of Medicine</b> , Tampa, FL MD	2014-2018
<b>Mountain Area Health Education Center Family Medicine Residency</b> , Asheville, NC Board Certification in Family Medicine Board Certification in Lifestyle Medicine (Anticipated 2023)	2018-2021
<b>Cone Health Sports Medicine Fellowship</b> , Greensboro, NC Certificate of Added Qualification in Primary Care Sports Medicine (Anticipated June 2022)	2021-2022
<b>Mountain Area Health Education Center Family Medicine Center</b> , Asheville, NC Sports Medicine Fellowship Assistant Program Director Family Medicine Residency Faculty	2022-Present

## RESEARCH AND PUBLICATIONS

Epperly, T., Fields, K., **Atkinson, B.** "Chapter 1: Epidemiology of Running Injuries." Textbook of Running Medicine. New York: McGraw-Hill (2022). Pending Publication 2022.

**Atkinson, B.**, Walker, K. H., Stigleman, S., Vaughan, A., & Hulkower, S. (2021). Platelet-Rich Plasma vs. Corticosteroids for Refractory Plantar Fasciitis. *American Family Physician*, 103(5), 307-308.

**Atkinson, B.**, Pandya, S., MD, Grabau, M., Chughtai, M., MD, Aslam, S., MD, MS, Nanjappa, S., MD, Greene, J., MD, FACP. Medical vs Surgical Management of Appendicitis in Patients with Prolonged Neutropenia. *Infectious Diseases in Clinical Practice* Volume 26, Number 3, May 2018.

Kattih Z, **Atkinson B**, Angell E, Uhlar C, Perera Y, Ourn, F, MS, Travis, T, Slone, F, MD, Guerra, L, MD, Gonzalez, E, MD. *A Model for Successful Colon Cancer Screening at a Student-Run Free Clinic*. *Journal of Student-run Free Clinics*. July 22, 2018.

**Atkinson B**, Uichanco L, Kattih Z, Perera Y, Angell E, Uhlar C, Martinez V, Roetzheim A, Lopez J, Roetzheim R, MD, Guerra, L, MD, Gonzalez, E, MD. Review of Hypertension Management at USF BRIDGE Clinic. *Journal of Student-run Free Clinics*, 4(1). November 2018.

Frederick R. Cobb Non-Invasive Vascular Research Laboratory: *Research Assistant Summer 2012*

- Recruited participants for vascular research studies
- Conducted VO<sub>2</sub>max and other exercise tests on participants for data collection and analysis

## POSTER/PODIUM PRESENTATIONS

**Atkinson B.**, Kramer, J. Leg Pain in a Runner. AMSSM Annual Meeting, April 2022.

Cutshall, N., **Atkinson, B.**, Elkaz, A., William, B., Knapp, J. Differences in Opioid Prescribing Based on Gender, Race, and Socioeconomic Status in a Primary Care Clinic. MAHEC Research Day, May 2021.

May 2022

**Atkinson B, MD**, Holland K, DO, Knapp J, DO. Back Pain in a Bodybuilder. AMSSM Annual Meeting, April 2020.

**Atkinson, B.**, Lezama, J., MD. Calcium Channel Blockers as Cause of Peripheral Edema in Acute Respiratory Failure. Florida American College of Physicians, September 2017.

**Atkinson, B.**; Flores, V.; Hudey, S.; Roetzheim, R., MD; Gonzalez, E., MD. Analyzing the Efficacy of Student-Run Free Diabetes Class. February 2016. Society for Student-Run Free Clinics Conference, February 2016.

## **AWARDS**

UNC School of Medicine Resident Teacher of the Year, *2021*

- Award given to one resident (among all MAHEC Asheville residency programs) per year. UNC MS3s vote to select who they deem their most highly regarded resident teacher.

AFMRD Family Medicine Resident Award for Scholarship, *2021*

- Award given to one MAHEC Family Medicine resident per year for excellence in research and scholarly work.

South Bend/Notre Dame Resident Scholarship Award, *2021*

- Award given to four residents nationwide based on their Sports Medicine scholarship and experience. Received free admission to the 2021 AMSSM Annual Meeting.

## **SPORTS MEDICINE ACTIVITY**

- Coverage
  - Guilford College: Team Physician during 2021-2022 school year
  - Smith High School: Football coverage for 2021 season
  - Greensboro Cobras Arena Football team: 2021 & 2022 season
  - Greensboro Grasshoppers Minor League Baseball Team: 2021 & 2022 season
  - The Wyndham PGA TOUR Championships: August 2021
  - HAECO Invitational Basketball Tournament: December 2021
  - Hagan-Stone XC Invitational: October 2021
  - Hagan-Stone XC Classic: September 2021
  - NCRunners Cross Country Meet: September 2021
  - NC East-West High School All Star Games: July 2021
  - 2020 U.S. Olympic Trials Marathon Coverage: February 2020
  - T.C. Roberson High School Football Coverage: 2019-2020 Season
- Smoky Mountain Running Camp Guest Lecturer: Gave lectures on running injuries at high school running camp. June - July 2019.

## **EXTRACURRICULAR ACTIVITY**

Lifestyle Medicine Residency Curriculum Resident Champion: *Fall 2019 to Summer 2021*

- Worked with faculty member Ginger Poulton, MD to establish a Lifestyle Medicine Residency Curriculum at MAHEC. I have completed the curriculum and am eligible to sit for the board exam. Anticipate sitting in 2022.

MAHEC Family Health Center - ABIPA Partnership: *Spring 2019 to Summer 2021*

- Resident representative in this partnership. The Asheville Buncombe Institute of Parity Achievement (ABIPA) promotes economic, social, and health parity achievement for African Americans and other people of color in Buncombe County through advocacy, education, research, and community partnerships. Helped develop a Diabetes Self-Management Program, and worked with Community Health Worker to serve people of color who have difficulty navigating the healthcare system.

MAHEC Program Evaluation Committee: *Fall 2019 to Summer 2021*

- Resident representative at meetings with Program Director, Assistant Program Directors, and faculty members to evaluate quality of resident rotations and ways to improve curriculum.

## **INTERESTS**

May 2022

Running: U.S. Olympic Trials Marathon Qualifier/Finisher (*February 2016*), NCAA Division I All-American: NCAA Track and Field Championships 10,000m (*Spring 2014*), Captain of Duke Cross Country Team (*2013 – 2014*).  
Reading, barbecue, hiking, and playing with my wife, Kayla, and our 2-year-old daughter, Andie.